

## **Dog Apprehension Classes**

All sessions are held at Rainbow headquarters – 6042 W. Oakton, Morton Grove. Phone 773.283.1129 There is a \$60.00 charge per child for six sessions, renewable if more session required. Contact us for family rates..

Please note that due to the individualized classes, there is often a waiting list.

Payment should be made to:

Rainbow Animal Assisted Therapy, 6042 W. Oakton, Morton Grove, IL 60053 Payment may also be made on our website: www.rainbowaat.org.

Please fill in this application, sign, and return it to: Susan Burrows at rainbowprog1@ameritech.net

## Please print

Name	Relationship to Child (i.e. parent)
Address, City Zip Code:	
Contact phone:	
Email:	
Child's Name:	Age:
Does your child have special needs:       ( ) Yes       ( ) No         If YES, please explain disabilities       ( ) Yes       ( ) No	
Reason for fear of dog:       ( ) Unknown Cause       ( ) Incident         If incident, please explain:       ( )	
Behaviors when in the presence of dogs: (please check a	ll that apply)
<ul> <li>Cannot be in same room with dog () Cries, screams when in presence of dog ()</li> <li>Extremely fearful if dog approaches when on the street, sidewalk ()</li> <li>Cannot visit friends, relatives who have a dog ()</li> <li>Make it impossible for family to have a pet dog ()</li> <li>Fearful of dogs besides other fears ()</li> <li>Please list all other fears.</li> </ul>	

## Important Information about our Rainbow Dog Apprehension Class

Classes are held on: (please indicate preference, all possible times, days)

• 2<sup>nd</sup> & 4<sup>th</sup> Mondays ( ) 4:00 -4:30 ( ) 4:40-5:10

• 1<sup>st</sup> & 3<sup>rd</sup> Saturdays () 10:30 – 11:00 () 11:10 – 11:40

Classes limited to participants ages 4-13.

Background:

- Rainbow therapy teams are specially trained to work with children who are afraid of dogs. Handlers and dogs have experience working with those who are fearful.
- Rainbow therapy dogs meet nationally recognized standards for temperament and behavior. In order to main membership and the ability to work programs, yearly re-evaluations are required for each therapy team. Handlers must pass a criminal background check in order to volunteer. Dogs much have a rabies vaccination.
- All of the handlers in this program have received their COVID vaccination.

The purpose of this class is to create an environment where children feel acknowledged and supported so they can develop tools to feel safe in the presence of dogs.

This is accomplished by

- Helping children articulate fears
- Tailoring the therapy to the needs of each child Giving opportunity to interact (or not) with a dog
- Teaching children ways to control their fear

Note: Overcoming a fear of dogs is a long learning process which varies in length from participant to participant. Goals often include dealing with the fear of dogs and controlling that fear, not necessarily changing attitudes to liking dogs.

Our Rainbow volunteers are dedicated to providing pet therapy to your child in a small group or in individual sessions. Our expectation is that you will have a commitment to attending these sessions. Please notify us 24 hours in advance if you are unable to attend.

We require that a parent or guardian remain during the class session.

Signed:\_\_\_\_\_

Date:\_\_\_\_\_



Rainbow Animal Assisted Therapy is an Illinois 501 (c)(3) not-for-profit corporation.